



WELCOME TO THE

# iLLUMINATE FAIRFAX

MIND-BODY-SPIRIT-ARTS FESTIVAL

Sunday, January 20th, 2019 – 11am to 6 pm

## EXHIBITORS

### THANK YOU

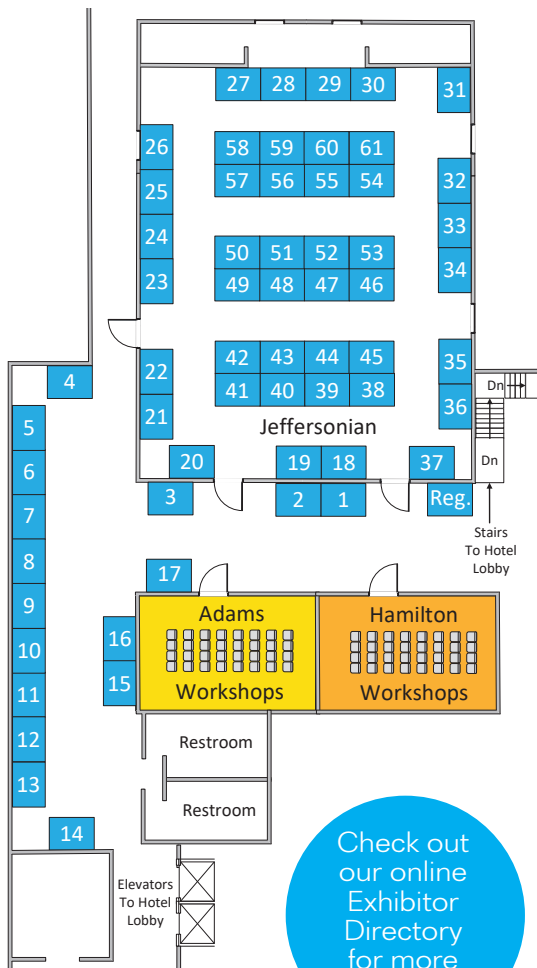
Westfields Marriott  
Washington Dulles  
14750  
CONFERENCE CENTER DR.  
CHANTILLY, VIRGINIA  
20151  
FOR HOSTING US

### BOOTH EXHIBITOR

- 14 **Ancy**
- 36 **Ariel Harper Nave, Astrologer**
- 45 **B.Birdwatcher Spiritual Stones**
- 12 **Bethesda Salt Cave**
- 21 **Bolster LLC**
- 39 **Carlos the Medium**
- 9 **Cathy's Ginger Spices**
- 5 **CourtzCrystals**
- 28 **Denise Dorfman**
- 50 **Earth Angel Creations**
- 46 **Earth Radiance**
- 35 **Emfs Protect**
- 2 **Enchanted Botanicals**
- 52 **Erica Lynn Geller**
- 51 **Essential Wellness -  
Body, Mind, Spirit**
- 42 **Guatalife**
- 24 **Healing by Hawkeye**
- 30 **Healing through your  
Akashic Records**
- 31 **Heart Centered Healing**
- 15 **Herbal Infusion**
- 16 **Horse Hippie**
- 29 **Hu Reiki and Crystal Healing**
- 48 **Inner Horizons LLC Hypnosis  
Therapy & Projective Dreamwork**
- 13 **Irigenics Ancestral Eye Reading**
- 23 **Karmic Wellness Center**
- 44 **Light Works**
- 20 **Lotus Wellness Center**
- 6 **Malabella Jewels**
- 11 **Mare Cromwell**
- 47 **Mary Magdalene Medicine**

### BOOTH EXHIBITOR

- 22 **Massaging Insoles**
- 7 **Melanin Essentials, LLC.**
- 37 **Melody Krafft**
- 32 **Mindful Soul Wellness**
- 1 **Mindfulnice**
- 58 **nCharged**
- 8 **Oasis Soul LLC**
- 54 **Pawsitive Angels**
- 17 **Peace & Laughter**
- 4 **Phoenix Rising Apothecary**
- 33 **Readings by Dino**
- 25 & 26 **reikimaven**
- 3 **Remnants of Magic**
- 57 **Serendipitous:  
Your Spiritual Oasis**
- 49 **Shelly's Rock Shop  
& Classroom LLC**
- 10 **Shut Up and Eat Your Kale**
- 27 **Spirit Guided Portraits LLC**
- 40 **Tarot Is More Than Cards**
- 55 **Terrie Christine**
- 61 **The Amethyst Cauldron  
Witch Crafts**
- 59 **The Apothecary Garden-  
Young Living Essential Oils**
- 41 **The DEW garden**
- 56 **The Soul Shepherd, LLC**
- 53 **The Twisted Bead & Rock Shop**
- 19 **Third Eye Supply**
- 18 **Touch n Heal**
- 60 **Tranquil Souls**
- 38 **Trinity Gifts**
- 34 **Your Message Awaits You**
- 43 **Zoetic Workshops**



Check out  
our online  
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for more  
details

# iLLUMINATE FAIRFAX WORKSHOPS

Sunday, January 20th, 2019

## Time Hamilton Room

### Noon Shut Up and Eat Your Kale Podcast Live!

JENNIFER MARQUEZ AND ANDREA LYNN -  
SHUT UP AND EAT YOUR KALE

Join us for a no-holds-barred discussion that will make you think, make you laugh, and hopefully empower you to walk stronger on your spiritual path! Our workshop centers around issues happening in the world and how it affects us energetically and spiritually.

## Adams Room

### Conversations with the Other Side

DINO CALABRESE - READINGS BY DINO

With his ability to interpret vibrations, Dino will help guide you through your path with clarity and joy by channeling the room and answering your individual question. Spirit guides will help you understand how simple and beautiful life is when you receive a different perspective from the energies around you.

### 1:00 Crystals and Their Uses for Beginners and Enthusiasts

DEANNA VANWEY - EARTH ANGEL CREATIONS  
AUTHOR OF "MY FIRST STONE BOOK"

When someone first finds an interest in crystals and their significance in spiritual practice, it can be difficult to gain a basic understanding with all that's been written on the topic. This session provides a general understanding of crystals, determining their properties and suggestions on how to use them.

### Healing Through Your Akashic Records

BILL SANDA

Accessing energies of your past lives through your Akashic Records can shift your present life by resolving recurring issues, heal long-standing challenges and empower future growth! Join Bill for a conversation about the Records and how we access them. We will close with a group Akashic healing.

### 2:00 Lead a Life You Love

SPECIAL GUEST SPEAKER LISA MCCROHAN, MA, LCSW-C, SEP

Clear out what holds you back from showing up with authentic courage and presence to share your light with the world. Learn *Four Keys to Leading a Life You Love* that will get you unstuck and rising to be the leader of your own life with soul confidence, focus, and joy.

### A Holistic Approach to Better Health

NEELAM SETHI AND SHREE SETHI - TOUCH N HEAL

Neelam Sethi, the founder, has taken a step ahead in Su Jok Ayurvedic Reflexology using seeds, magnets and color. TNH has developed therapeutic tools that can be used by oneself - The 4 Essential tools-kit, the Wrist Massager, a Cervical Magnet Belt that helps with chronic pains and aches.

### 3:00 Exploring the Hidden Messages Within Your Dreams

DIANNE RHODES, INNER HORIZONS LLC

Join in the age-old tradition of dream sharing. Ever wondered if your night dreams may be bringing messages to your waking self? Using symbols, archetypes, patterns and metaphor, we explore our dreams together and learn to interpret what the images, people and places in our dreams might represent. Bring a dream to share that you have journaled or from memory.

### The Secret Power of You

TERRIE CHRISTINE

Are the stories you're telling yourself hold you back? Learn to reprogram your mind and get the Universe to work with you. Be prepared to release deep, profound blocks in this workshop as you experience a group energy clearing session. Join us!

### 4:00 Essential Oils 101

CYNTHIA WEATHERBIE

In this interactive workshop with Cynthia Weatherbie, essential oil educator, we will discuss what essential oils are, how to safely use them, and what to look for when choosing your essential oils, as well as experience 10 of the most popular essential oils.

### Through the Door into Past Lives

TRACEY RENEE MCKEE - MINDFUL SOUL WELLNESS

Learn about the myths and misconceptions of hypnosis and then experience a group regression using progressive relaxation and guided visualization techniques. Journey back to your earliest pleasant childhood memory, then further back to in-utero, and finally to a past life or spiritual state.

### 5:00 Being an Empath ... Why Do I Feel EVERYTHING?

EILEEN STRANGE, THE SOUL SHEPHERD

Learn to distinguish an Empath from a person who is sensitive and shows empathy. Knowing the difference may be the turning point for some moving forward. Eileen will also discuss how parents might recognize traits in sensitive children. Questions are welcomed and, if time allows, she will do a gallery reading for one workshop attendee.

### Meeting, Embracing & Healing with Your Sacred Self

TAMMY STEPHENS, CHT - TRANQUIL SOULS

This workshop is designed to assist those who seek guidance. Let's take a shamanic journey into our center core. Discover your true authentic self, receive guidance, knowledge and insights that will assist you in becoming the best versions of who you are.