



# illuminate

## THE GARDEN STATE

### MIND-BODY-SPIRIT-ARTS FESTIVAL

Saturday, April 6, 2019 – 11am to 6 pm

#### BOOTH EXHIBITOR

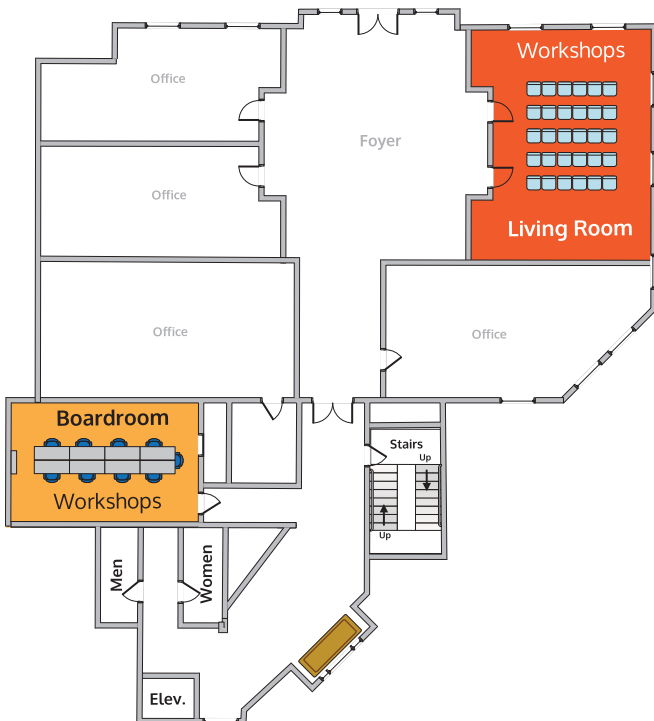
- 23 **Ancy**
- 16 **Black Star Jewelry**
- 25 **CourtzCrystals**
- 14 **Crystals and Angels**
- 8 **DorothyClaire Crystals & Healing**
- 19 **HearthWise Tarot LLC**
- 1 **Henna by Ash NJ LLC**
- 15 **Irigenics Ancestral Eye Readings**
- 21 **Jacks Mountain Creations**
- 7 **Joanie's White Light Healing**
- 11 **Judy Kay, Psychic Medium**
- 4 **Kathryn Landis, MSW-  
Transformational Healing**

#### BOOTH EXHIBITOR

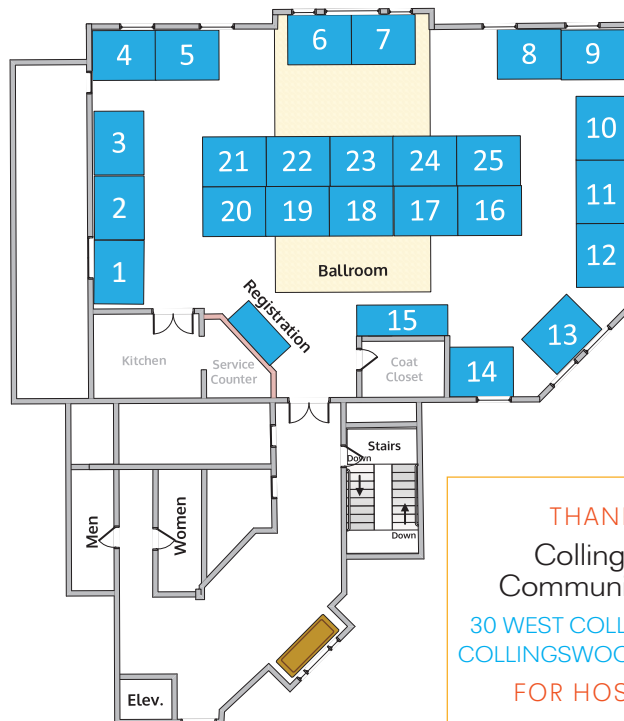
- 12 **L Hypnosis**
- 2&3 **LA Crystal Energies**
- 18 **Lynn Rene MacDonald**
- 13 **Marie Gilbert**
- 10 **Mudjestic Skincare**
- 17 **Sankofa Healing Sanctuary**
- 20 **Serendipitous:  
Your Spiritual Oasis Awaits You**
- 9 **Sound Spark Productions, LLC  
Healing Sound Experience**
- 22 **Touch n Heal**
- 5 **Tracy Farquhar, Psychic Medium**
- 24 **Young Living Essential Oils/Genesis Pure**
- 6 **Your Message Awaits You**

Check out our online Exhibitor Directory for more details

First Floor



Second Floor



THANK YOU  
Collingswood  
Community Center  
30 WEST COLLINGS AVENUE  
COLLINGSWOOD, NEW JERSEY  
FOR HOSTING US

# iLLUMINATE THE GARDEN STATE WORKSHOPS

Saturday, April 6, 2019

## Time Living Room

### Noon **Tools for Sound Healing: Tuning Forks, Crystal Bowls, Chimes & More...**

ANGELO RIZZO - SOUND SPARK PRODUCTIONS, LLC/  
HEALING SOUND EXPERIENCE

Tuning forks are light weight sound healing tools. When activated their vibration is easily directed on the body, and in the energetic field around the body. Come join Angelo Rizzo for this unique class. It will be both experiential and educational. For beginners or more experienced tuning fork users the class will be fun, helpful and insightful. Includes movement and vibration.

### 1:00 **Energy Healing - What Is It and How Does It Work?**

KATHRYN LANDIS, MSW -  
TRANSFORMATIONAL HEALING

In this experiential and informative workshop you will learn: The basics of energy healing, energetic techniques to use for preventative care and/or to couple with your traditional treatment, energetic practices that allow healing to occur, and how to access portals within your energy system for higher consciousness.

### 2:00 **Understanding Being an Empath- Plus, Tools to Assist You**

LYNN RENE MACDONALD

This class will discuss, in depth, what it is and means to be an Empath. Plus, each participant will discover tools and tips to assist them on their empathic journey.

### 3:00 **Raising Your Vibrational Awareness**

TRACY FARQUHAR, PSYCHIC MEDIUM

In this workshop, Tracy Farquhar will discuss the 5 levels of Vibrational Awareness: empathy, intuition, psychic abilities, mediumship and channeling. She will offer tips for managing, enhancing and best utilizing these abilities as gifts of perception.

## Boardroom

### **A Holistic Approach to Better Health**

NEELAM SETHI AND SHREE SETHI - TOUCH N HEAL  
Neelam Sethi, the founder, has taken a step ahead in Su Jok Ayurvedic Reflexology using seeds, magnets and color. TNH has developed therapeutic tools that can be used by oneself: The 4 Essential tools-kit, the Wrist Massager, a Cervical Magnet Belt that helps with chronic pains and aches.

### **Fun with Crystals!**

RENEE ROBERTSON - SPARKLES AND SPIRIT, INC.  
DBA CRYSTALS AND ANGELS

Crystals...we will touch and compare the vibrations of different crystals. What can crystals be used for? Which crystals can we use for a specific situation? Join in on the fun!! Attendees of the workshop will receive a special crystal cheat sheet and a discount card.

### **Cleanse, Balance and Build Your Body for Self-healing**

CASSANDRA MIDDLETON - GENESIS PURE

Why go to 10 different stores to find different vitamins, chia seeds, protein shakes etc. When you can find all of that at one place at PURE. PURE was founded with a passionate purpose: to provide you with safe, effective, top-of-the-line products to support your personal health goals. We are devoted to empowering others to become the best versions of themselves.

### **Hypnosis: Are You Susceptible?**

LAVERNE HENDERSON, CERTIFIED HYPNOTIST -  
L HYPNOSIS

Come and learn about my journey to becoming a hypnotist; what hypnosis is and is not; and how it can be used to improve the quality of our lives. We will also do an interactive susceptibility exercise and questionnaire. Join us!